



# How Can I Prevent Mould and Condensation in my Property?

# 13 Quick & Easy Ways to Stop Mould

## 1 Don't Dry Clothes on Radiators

Yeah, we know—hanging laundry in your room is easy. But drying clothes indoors puts loads of moisture in the air. If you have to, open a window or use a drying rack in a ventilated space.



## 2 Keep the Kitchen Door Shut When Cooking

Cooking makes tons of steam, which settles on walls and windows. Keep the kitchen door closed and use an extractor fan if you have one.

## 3 Put Lids on Pans When Cooking

Less steam = less condensation = less mould. If you have an extractor fan, turn it on while cooking and leave it running for 10 minutes after.

## 4 Close the Bathroom Door When Showering

Hot showers = steam everywhere. If you leave the door open, the damp air spreads around the house. Keep it shut and use an extractor fan if you have one.

## 5 Wipe Down Windows & Walls If They Get Damp

If your windows fog up, wipe away the moisture. Otherwise, it can soak into walls and start causing mould.



## 6 Use a Bathmat (Seriously, It Helps)

Water on the floor = extra moisture = more chance of mould. A bathmat soaks up the extra water and keeps the room drier.

## 7 Keep the Heating on Low & Steady

Sudden temperature drops = more condensation. Keeping a steady, low heat helps stop damp.

## 8 Give Your Wardrobe Some Space

Packing clothes into your wardrobe too tightly traps damp air. Leave a little space so air can move.



## 9 Move Your Bed & Furniture Away from Cold Walls

Got your bed or desk against an external wall? That's where damp builds up. Leave a small gap so air can flow.

## 10 Open Windows When You Can

Even 10 minutes a day of fresh air makes a big difference. It helps get rid of moisture before it turns into mould.

## 11 Got an Extractor? Leave the Isolator On

If your bathroom or kitchen has a fan, use it! It pulls moisture out of the air. Don't switch off the isolator switch above the door—it makes condensation worse.



## 12 Don't Pile Too Much Stuff in One Room

Overcrowded rooms block airflow, making damp spots worse. Keep things spaced out so air can circulate.

## 13 Don't Dry Wet Cloths on a Radiator

Used a cloth to wipe condensation? Don't put it on a radiator to dry—the moisture just goes back into the air!

### Concerned About Black Mould? Here's What You Need to Know

Googling the issue will lead you to sales literature, trying to scare people into purchasing products. Use recognised sites if researching the issue to get accurate information.

We understand that black mould can be worrying, but it is generally only harmful when disturbed. According to the NHS, the key is to take steps to reduce excess moisture in your home.

The UK Health Security Agency (UKHSA) also advises that mould growth is best managed by **controlling heating, condensation and improving ventilation**.